

# The Great Indian Yoga Masters

By Birad Rajaram Yajnik

30,000 words – 11 chapters – 9 languages  
 - Over 200 images, printed with advanced reprographic techniques, a hard bound fine print book that offers the historical aspect of yoga and attempts to demystify the reason for its mass appeal across regions, cultures and people. Photographed across nine countries it validates the fact that yoga today is a world art form.

This book traces the path of Yoga from its earliest historical mentions, down through its interpretations by the Indian masters of subsequent centuries. It covers a 2500 year time line from the ancient Indian epics to the teachings of Patanjali, Buddha, Paramahansa Yogananda, Swami Sivananda Saraswati and other Himalayan yogis. It also outlines the more recent masters such as Tirumalai Krishnamacharya, K. Pattabhi Jois, B.K.S. Iyengar, Bikram Choudhury, T.K.V. Desikachar and Master Kamal.

The book is available in nine international languages – English, French, Spanish, Portuguese, German, Mandarin, Japanese, Russian and Arabic.



### Author Note:

Birad Rajaram Yajnik is a name brand synonymous with fine print production, more than 35000 fine print copies across 9 titles have been designed and produced under his direction. His first book on the famous temple of India – Tirumala Tirupati – the legends and beyond has been a bestseller for the last five years. His books – India – Colours east of Indus is a collaboration with 70 photographers from around the world, while Ancient Trade Routes is a tribute to the trade routes of the Spice, Tea and Silk that transported not only goods but also culture religion and customs in food, fashion and tradition.

He has travelled widely in North America, Europe and South East Asia and has photographed in more than 50 cities around the world. His latest book MKG – Imaging Peace Truth and Ahimsa a fine print book on Mahatma Gandhi was released at the United Nations in 2010 by the President to mark the International Day of Non-Violence.



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